

WHO SHOULD ATTENDS

- ✓ Health Professionals
- ✓ Researchers
- ✓ Carers from Nursing Home
- ✓ Individuals Caring for Older Adults
- ✓ Postgraduate Students
- ✓ NGOs

REGISTRATION FEES

- ❖ Health Professionals:
Early registration : **RM300.00**
Normal / On site : **RM400**
- ❖ Student, Caregivers & Public:
Early registration : **RM150.00**
Normal / On site : **RM 200.00**
- ❖ Group Registration (3 Individuals):
Early registration : **RM 750.00 per group**
Normal / On site : **RM 800.00 per group**
- ❖ International Participants:
USD 150.00
- ❖ Single Day Registration:
RM 150.00 per person



SPECIAL APPEARANCE



Prof. Brooke Hallowell (Ohio State University, USA)

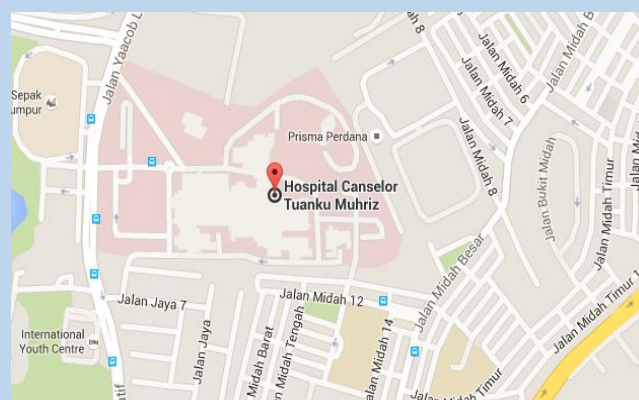
REGISTRATION & ENQUIRIES

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NOTE

- ✓ Deadline for Early Registration : **11th May 2016**
- ✓ Seminar will be presented in English & Certificate of Attendance will be given to participants
- ✓ Continuing Professional Development (CPD) point/hours will be provided upon completion of the course

MAP TO VENUE / LOCATION



GPS Coordinate: 3.0988° N, 101.7263° E



Ageing: A Short Course – Level 1

Empowering Independency
among Older Adults in the
Community

EMPOWER 2016



Includes 17 Lectures,
Interactive Lectures &
Practical Sessions

DATE:
16th – 18th MAY 2016

VENUE:
Auditorium UMBI,
Hospital Canselor Tuanku Mukhriz (PPUKM)
Jalan Yaakob Latif, Bandar Tun Razak
Kuala Lumpur

OBJECTIVES

- ❖ To enhance participants' awareness and knowledge regarding geriatric symptoms and its management.
- ❖ To empower health professionals, caregivers, and participants in providing healthcare and rehabilitation for older adults.
- ❖ To equip participants with skills, knowledge, and strategies to provide community basic rehabilitation services within their own community.

INTERACTIVE TEACHING METHODS

- ❖ Simulation Activities (Vision, Hearing, Proprioception)
- ❖ Lectures

COURSE CONTENTS

- ❖ Interprofesional care in Geriatric Management.
- ❖ Dental health in older adults.
- ❖ Diet for older adults and home enteral feeding (also include compensatory swallowing strategies).
- ❖ Alternative and augmentative communication.
- ❖ Sensory enhancement in older adults (simulation)
 - Vision
 - Hearing
 - Proprioceptive
- ❖ Empowering independency in older adults at home and in the community.
- ❖ Functional Mobility and Prevention of falls in older adults.
- ❖ Medication and managements issues in older adults.
- ❖ Spiritual exploration / enhancement among older adults.
- ❖ Improving psychological well-being (depression and abuse in older adults)

DAY 1 : 16TH MAY 2016

TIME	TITLE/ SPEAKER
08:30 – 09:30	<i>Interprofessional Care in Geriatric Management</i> [L & I] TBA [HKL]
09:30 – 10:00	Morning Break
10:00 – 10:45	<i>Oral Health Care of Older Adults</i> [L & I] Dr. Tanti Irawati Rosli [FPerg UKM]
10:45 – 11:30	<i>Medication and Management Issues in Older Adults</i> [L] Assoc. Prof. Dr. Mohd. Makmor Bakry [FFarm UKM]
11:30 – 13:00	<i>Sensory Enhancement in Older Adults: Vision Stimulation</i> <i>Experience it, understand it and Share it.</i> [L, P & I] Assoc. Prof. Datuk Dr. Rokiah Omar [UKM] Dr. Zainora Mohammed [UKM] Dr. Norliza Mohamad Fadhil [UKM]
13:00 – 14:00	Lunch Break
14:00 – 15:30	<i>Maximizing Functional Mobility Among Older Adults: Strategies to Assess and Act</i> [L & I] Assoc. Prof. Dr. Devinder Kaur Ajit Singh [UKM]
15:30 – 16:30	<i>Nutritional Assessment for Older Adults</i> [L & I] Prof. Dr. Suzana Shahar [UKM]
16:30 – 17:00	Tea Break

DAY 2 : 17TH MAY 2016

TIME	TITLE/ SPEAKER
08:30 – 09:30	<i>Caring for Older Adults in the Community</i> [L] Dr. Ho Bee Kiau (KK Botanik, Klang)
09:30 – 10:00	Morning Break
10:00 – 10:45	<i>Feeding Older Adult : Do's and Don'ts</i> [L & I] Assoc. Prof. Dr. Zahara Abdul Manaf [UKM]
10:45 – 11:30	<i>Tube Feeding Demonstration</i> [L & I] TBA [MOH]
11:30 – 12:45	<i>"Dysphagia in Older Adults and Screening Procedure"</i> [L & I] Dr. Shoba Sharma [UKM]
12:45 – 14:00	Lunch Break

DAY 2 : 17TH MAY 2016

14:00 – 15:30	<i>Managing Challenges in Activities of Daily Living Among Older Adults</i> [L & I] Dr. Dzalani Harun [UKM]
15:30 – 16:15	<i>Experiencing 'Person with Dementia': Remembering Yesterday, Engaging Today!</i> [L & I] Dr Ponnusamy a/l Subramaniam [UKM]
16:15 – 16:35	Future of Gerontology Nursing Murne Mohammad Noor [MOH] [L & I]
16:30 – 17:00	Tea Break

DAY 3 : 18TH MAY 2016

TIME	TITLE/ SPEAKER
08:30 – 09:30	<i>Sensory Enhancement in Older Adult: Hearing</i> [L & I] Prof. Dr. Siti Zamratol-Mai Sarah Mukari [UKM]
09:30 – 10:00	Morning Break
10:00 – 11:15	<i>Home help services: Reality or Myth</i> [L] TBA [JKM]
11:15 – 12:30	<i>Improving Psychological Wellbeing Through Spiritual Enhancement</i> [L] Dr Nor Laili Tauhid [PPUKM]
12:30 – 14:00	Lunch Break
14:00 – 15:00	<i>Communication need of care givers, older adults & health professional</i> [L & I] Prof. Brooke Hallowell [Ohio State University, USA]
15:30 – 16:30	Forum: <i>Care givers of Individual with Strokes and Dementia: Juggling responsibilities and day to day reality</i> Assoc. Prof. Dr. Kartini Ahmad [UKM] Prof. Brooke Hallowell [Ohio State University, USA] Assoc. Prof. Dr. Rosdinom Razali [PPUKM] TBA [MOH]
16:30 – 17:00	Closing Ceremony

***Note**

[L] Lecture
[P] Practical
[I] Interactive