



## Health outreach programs

### Local Communities

#### Post-Flood Relief Health Checks in Kampung Bangi

In conjunction with a post-flood relief mission organized by the Student Affairs Center, staff from the University Health Centre and volunteer students conducted door-to-door health checks for flood victims in Kampung Bangi, Pekan Bangi. This initiative was to ensure that affected residents receive the necessary health care and support during a time of crisis.

The door-to-door health checks included monitoring vital signs such as blood pressure and blood sugar levels, as well as providing health consultations tailored to the needs of flood victims. This hands-on approach allowed health care providers to reach individuals who may not have been able to access health services due to the aftermath of the flooding. The initiative not only addressed immediate health concerns but also demonstrated the university's commitment to supporting local communities during times of need, enhancing community resilience and well-being.



The images shows volunteers from UKM providing health screening to affected residents by flood

The initiatives outlined in this report underscore the importance of local community engagement in achieving SDG 3 – Good Health and Well-Being. Through targeted health screenings, proactive disaster response, innovative educational workshops, and sustainability programs, UKM has made significant strides in improving the health and well-being of local communities. These efforts not only address immediate health needs but also empower individuals and communities to take an active role in maintaining their health, thus contributing to the overall goal of ensuring healthy lives for all. Continued local engagement and collaboration will be essential as UKM and its partners work to address the evolving health challenges faced by communities, fostering a healthier, more resilient society.

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